

Tuesday Tribune...

January 21, 2014

Doing the laundry has become something I look forward to instead of a chore. Now that I have your attention, here's why...I can tuck myself away, turn on Ted TV, and watch some inspirational talks. I am amazed at how quickly the laundry piles diminish and how a mindless chore can become thought-provoking.

Last night I watched a talk on **vulnerability**. Thanks Camille for passing this one along.

I think it is important to start out by defining the term. Here's Webster's definition...

vul·ner·a·ble

adjective \ˈvəl-n(ə-)rə-bəl, ˈvəl-nər-bəl\

: easily hurt or harmed physically, mentally, or emotionally

: open to attack, harm, or damage

So, what can we learn from vulnerability? Are people who consider themselves vulnerable weak or strong? Does it depend on the situation?

Initially, I would believe most would view vulnerability as a weakness. We don't want to teach our kids to be weak right? Or do we? Don't we consider positive risk taking a trait that we want our students to embrace? How is vulnerability different from risk taking? How often do we protect ourselves from being vulnerable? What happens when you allow yourself to be vulnerable? Sometimes the outcome is failure, sometimes it's not. Who are the students in your class, the people in your lives that put themselves out there knowing that whatever they do it may not turn out just right? In a society so focused on perfection I believe we need to embrace trying more than perfection. We need to celebrate and learn from being vulnerable.

My little goalie Nikko is an inspiration to me. Talk about being vulnerable! He comes out with his head up even after he let one in, but the glory he gains with each save is an incredible confidence builder.

If we choose to protect ourselves and make sure that we are not vulnerable, are we missing out on new learning, new perspectives, new revelations?

How can the topic of vulnerability enhance our students and us?

So, here's the video I watched last night
http://www.ted.com/talks/brene_brown_on_vulnerability.html

Enjoy that laundry tonight!

Cultures of Thinking...

Please read this article and consider the implications for the work that we are doing.

[Why Teach Habits of Mind?](#) Shari Tishman, "Why Teach Habits of Mind?" in *Discovering and Exploring Habits of Mind*, ed. Arthur L. Costa and Bena Kallick (Alexandria, VA: ASCD, 2000), 41-52.

Please review electronic calendar for the latest updates.

Assemblies on Thursday in the gym...

2:00-3:00 – Jim Basketball Jones – K-5

3:00-3:20 – Jump Rope for Heart – K-4

Please start heading to the gym at 2:55 even if you are not called. Sometimes calling can get a bit hectic. ALL K-5 students should be seated in their designated spots in the gym by 3:00.

Ms. Neibala has invited a representative from Jump Rope for Heart to kick off this event. This assembly may or may not take the full 20 minutes.

5th graders will be in the back of the gym. They will exit quietly at 3:00 to head to their band/strings practice. **Don't forget to take instruments to their places prior to the assembly.**

NCA/PLC...

Reminder: Meeting this Thursday, from 4:30-6:30.

Agenda will be coming out this week.

Recess...

Looks like most of the week will be indoors. If you have two classes in your grade level, please feel free to use the gym if it is not being used during your recess time. I realize how hard it is for the students not to have some way to release their energy!!

Report Cards...

Please **review e-mail with important report card updates for second quarter.** I sent this to all K-5 district teachers via an e-mail on 1-6-14. Here is the link to TAC in case you want to get a jump start

<http://troesp1/TAC/Account/LogOn?ReturnUrl=%2fTAC%2f>

"Nothing is particularly hard if you divide it into small jobs." -Henry Ford

Choose to make today a great one!

Tammy